

## TAKE A PLANT TO LUNCH

How many plants are in your lunch? Fruits, vegetables and even grains in cereal or bread all come from plants.

## WHAT TO DO

Look at your lunch every day—or use your school's lunch menu—and see which plants you're eating.

	Plants in My Lunch	Draw a picture of a plant in your lunch
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

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